

September 2023

EHS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		30 Pancakes with Sausage Links Tater Tots Dragon Veggie Juice Peaches	31 Chicken Nuggets Carrot Sticks with Ranch Mixed Fruit	1 Cheesy Pizza Slice Fresh Garden Salad Craisins
4 Labor Day No School	5 Mozzarella Sticks with Marinara Sauce Cucumber Circles Apple Slices	6 BBQ Chicken Drumstick Mini Cornbread Loaf Baked Beans Fresh Fruit Cup	7 Cheeseburger Sweet Potato Fries Peaches	8 Personal Pizza Broccoli Dippers with Ranch Orange Smiles
11 Emoji Waffles with Vanilla Yogurt Mango Veggie Juice Strawberries	12 Nacho Average Nachos Tortilla Chips with Taco Meat and Cheese Black Bean Salad Pineapple Tidbits	13 Popcorn Chicken Bites with Crinkle Cut Fries Apple Sauce Cup	14 Meatball Grinder Carrot Sticks Banana	15 Stuffed Crust Pizza Fresh Garden Salad Raisins
18 Corn Dog Sweet Potato Crinkles Apple	19 Sausage and Cheese Biscuit Sandwich Smile Fries Pears	20 Mini Raviolis with Marinara Sauce Roasted Broccoli Orange Smiles	21 Chicken Patty Cucumber Slices Grapes	22 Cheesy Pizza Slice Ranch Chickpeas Berry Cup
25 Cheesy Bread Bites with Marinara Sauce Cauliflower Dippers Peaches	26 Sweet and Sour Chicken Vegetable Fried Rice Glazed Carrots Mandarin Oranges	27 French Toast Sticks Sausage Links Tater Tots Frozen Strawberries	28 Macaroni and Cheese Soft Dinner Roll Veggies with Hummus Mixed Fruit	29 French Bread Pizza Spinach Craisin Salad Apple Slices



Important Information:
 * Add money to a students account at [MyPaymentsPlus.com](https://www.mypaymentsplus.com)
 *Many of our menu items contain allergens, for more information or any other questions contact the Food Services Director, Natalie Mather at Natalie.mather@easthaddamschools.org

Welcome Back!!!
 Households should complete an application to determine Free or Reduced status if you qualify, as breakfast and lunch will no longer be free for the 2023-2024 school year

Lunch Prices
 Full Pay = \$3.50
 Adult Meal = \$4.00
 Milk = \$0.75

Alternate Meal Choices

Sunbutter and Jelly Bento
 Sunbutter and Jelly Sandwich with a Cheese Stick, Fruit and Vegetable

Muffin Bento
 Blueberry Muffin with Strawberry Yogurt, Cheese Stick, a Fruit and Vegetable

All Meals are served with milk, fruits and vegetables

1% White and Fat-Free Chocolate are offered Daily

EHPS is an Equal Opportunity Provider

Menus are subject to change