

September 2023 EHS Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cinnamon Roll* 30	Yogurt with Grahams 31	Lemon Bread* 1
4 Labor Day No School	Smores Zee Zee's Breakfast Bar* 5	Bagel with Cream Cheese 6	Banana Muffin* 7	Cheese Stick with Apple Bar 8
Cinnamon Roll* 11	Yogurt with Grahams 12	Lemon Bread* 13	Smores Zee Zee's Breakfast Bar* 14	Bagel with Cream Cheese 15
Banana Muffin* 18	Cheese Stick with Apple Bar 19	Cinnamon Roll* 20	Yogurt with Grahams 21	Lemon Bread* 22
Smores Zee Zee's Breakfast Bar* 25	Bagel with Cream Cheese 26	Banana Muffin* 27	Cheese Stick with Apple Bar 28	Cinnamon Roll* 29



Important Information:

* Add money to a students account at [MyPaymentsPlus.com](https://www.mypaymentsplus.com)
 *Many of our menu items contain allergens, for more information or any other questions contact the Food Services Director, Natalie Mather at Natalie.mather@easthaddamschools.org

Welcome Back!!!

Households should complete an application to determine Free or Reduced status if you qualify, as breakfast and lunch will no longer be free for the 2023-2024 school year

Breakfast Prices

Free for All Students
 Adult Meal = \$3.00
 Milk = \$0.75

Alternate Breakfast Choice

Assorted Cereal with Fruit and/or 100% Fruit Juice and Milk

All Breakfasts are served with Milk, Assorted Fruit and 100% Fruit Juice

Only 1% White Milk for Breakfast (Helping to reduce sugar intake in the morning)

* Item is Produced in a Nut Free Facility

EHS is an Equal Opportunity Provider