


November 2023

NHRMS SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday	OTHER INFORMATION
		1 Hot Sausage Egg Cheese Sandwich	2 Bagel w/Cream Cheese	3 Breakfast Bar	BREAKFAST PRICES: FREE FOR ALL STUDENTS Adult Meal: \$3.00 Milk: \$0.75
6 Early Dismissal Donut Hole Cup	7 PD DAY NO SCHOOL	8 Egg & Cheese on a Roll	9 Warm Pancakes	10 Coffee Loaf Cake	Alternate Breakfast Choice: Assorted Cereal, Muffins with Fruit and/or Fruit Juice Milk
13 Hot Ham Egg & Cheese Sandwich	14 Warm French Toast Sticks	15 Glazed Donuts	16 Bagel w/ Cream Cheese	17 Pumpkin Bread*	Only 1% White Milk is served (Helping reduce sugar intake in the morning!)
20 Egg & Cheese on a Roll	21 Warm Mini Waffles	22 VACATION	23 HAPPY THANKSGIVING	24 THANKSGIVING RECESS	*Items Produced in a nut-free facility
27 Mini Pancakes	28 Apple Strudel Frudel	29 Hot Egg & Cheese Sandwich	30 Warm Chocolate Chip Muffin	Menus Are Subject to Change	East Haddam is an Equal Opportunity Provider www.easthaddamschools.org

IMPORTANT INFORMATION:

To add money to your student’s account, please use the MyPaymentsPlus.com site. If you need assistance setting up your account, please contact the school office.

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at natalie.mather@easthaddamschools.org