


# November 2023 NHRHS LUNCH 2023 Full Pay \$3.75 Adult \$4.50 Milk \$.75

Monday	Tuesday	Wednesday	Thursday	Friday	OTHER INFORMATION
		1	2	3	
		Popcorn Chicken Bowl Mashed Potato Corn, Dinner Roll, Fruit	Lasagna Roll Up, Garlic Roll Green Beans, Fruit	Noises Specialty Pizza's Rainbow Vegetables Fruit	
6	7	8	9	10	Alternate Lunch Choice
Early Dismissal Cheeseburgers Snack bag Chips, Pickles Carrot Sticks, Fruit	PD DAY NO SCHOOL	Dutch Waffles, Sausage Links, Tator Tots, Strawberries w/Whip Cream	Mozzarella Twist, Marinara Sauce, Fruit	Noises Specialty Pizza's Rainbow Vegetables Fruit	Offered Daily: Deli & Salad Bar Daily Monday: Calzone Tuesday: Crispy Chicken Sandwich
13	14	15	16	17	Wednesday: Yogurt Parfait
Crispy Chicken Sandwiches Oven Fries, vegetable sticks, Fruit	Nachos Nacho Chips, Taco Meat, Salsa, cheese, Fruit	Pasta w/Marinara & Meatballs, Garlic Bread Stick, Broccoli, Fruit	Fish Nuggets, Oven Fries, Cole Slaw, Fruit	Noises Specialty Pizza's Rainbow Vegetables Fruit	Thursday: Stuffed Chicken Chipotle Sandwich  Friday: Chef Salad
20	21	22	23	24	All Meals are served with milk, fruits and vegetables 1% White and Chocolate Fat Free Milk are offered Daily
Meatball Grinder Mozzarella & Tomato Salad, Fruit	Roast Turkey, Gravy, Mash Potatoes, Stuffing, Corn, Cranberry Sauce, Apple Strudel	VACATION DAY	HAPPY THANKSGIVING	THANKSGIVING RECESS	
27	28	29	30		
Tomato Soup Grilled Cheese	Crispy Chicken Wings, assorted Sauces Crinkle Sweet Potato Fries, Fruit	Sweet & Sour Popcorn Chicken, Vegetable Fried Rice, Fruit	Hot Dog w/Roll, Baked Beans, Mini Corn Bread, Carrot Sticks w/Ranch, Fruit	Menus are Subject to Change *Items Produced in a nut-free facility	East Haddam is an Equal Opportunity Provider <a href="http://www.easthaddamschools.org">www.easthaddamschools.org</a>

### IMPORTANT INFORMATION:

To add money to your student's account, please use the [MyPaymentsPlus.com](http://MyPaymentsPlus.com) site. If you need assistance setting up your account, please contact the school office.

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at [natalie.mather@easthaddamschools.org](mailto:natalie.mather@easthaddamschools.org)