

November 2023

NHRHS SCHOOL BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday | OTHER INFORMATION |
|------------------------------------------------|----------------------------------|------------------------------------|---------------------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| | | 1 Cinnamon Roll | 2 Bagel w/Cream Cheese | 3 Cinnamon Crumb Loaf Cake | BREAKFAST PRICES: FREE FOR ALL STUDENTS Adult Meal: \$3.00 Milk: \$0.75 |
| 6 Egg & Cheese on a Roll Early Dismissal | 7 PD DAY NO SCHOOL | 8 Pumpkin Bread* | 9 Sweet Potato Roll | 10 Warm French Toast Sticks | Alternate Breakfast Choice: Assorted Cereal with Fruit and/or Fruit Juice Milk |
| 13 Cinnamon Roll* | 14 Bagel w/Cream Cheese | 15 Bacon Egg & Cheese on a Roll | 16 Warm French Toast Bar | 17 Banana Bread* | Only 1% White Milk is served (Helping reduce sugar intake in the morning!) |
| 20 Hot Sausage Egg & Cheese on a Roll | 21 Raspberry Cheese Danish | 22 VACATION | 23 Happy Thanksgiving | 24 Thanksgiving Recess | *Items Produced in a nut-free facility |
| 27 Warm Confetti Pancakes | 28 Hot Egg & Cheese on a Roll | 29 Apple Strudel Frudel | 30 Warm Chocolate Chip Muffin Flat | Menus are Subject to Change | East Haddam is an Equal Opportunity Provider www.easthaddamschools.org |



IMPORTANT INFORMATION:
To add money to your student's account, please use the [MyPaymentsPlus.com](https://www.mypaymentsplus.com) site. If you need assistance setting up your account, please contact the school office.

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at natalie.mather@easthaddamschools.org