

November 2023

ELEMENTARY SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	OTHER INFORMATION
		1	2	3	LUNCH PRICES: Full Pay = \$3.50 Adult Meal = \$4.50 Milk = \$0.75
		French Toast Sticks Sausage Links Tator Tots Strawberries Whip Topping	Mac&Cheese Dinner Roll Chicken Nuggets Veggi Cups	Cheese Pizza Garden Salad w/Dressing Fruit	
6	7	8	9	10	Alternate Lunch Choice: Sunbutter and Jelly Bento Sunbutter and Jelly Sandwich with a Cheese Stick, Fruit and Vegetable Yogurt Meal Yogurt, Muffin, Cheese Stick
Early Dismissal Chicken Patty Sandwiches Crinkle Fries, vegetable sticks. Fruit	PD DAY NO SCHOOL	Popcorn Chicken Mashed Potato Corn, Dinner Roll, Fruit	Meatball Grinder Mozzarella & Tomato Salad, Fruit	French Bread Pizza Veggie Cup w/Ranch Fruit	
13	14	15	16	17	Deli Sandwich Turkey & Cheese Snack Bag Chip
Dutch Waffles Sausage Links Tator Tots Strawberries Whip	BBQ Drumstick Mini Corn Bread Loaf Pasta Salad, Fruit	Pasta w/Marinara & Meatballs, Garlic Bread Stick, Broccoli, Fruit	Corn Dog Sweet Potato Fries Fruit	Pepperoni or Cheese Pizza Cucumbers w/Ranch Fruit	
20	21	22	23	24	All Meals are served with milk, fruits and vegetables 1% White and Chocolate Fat Free Milk are offered Daily
Hot Dog w/Roll, Baked Beans, Mini Corn Bread, Carrot Sticks w/Ranch, Fruit	Cheeseburgers Snack bag Chips Carrot Sticks, Fruit	VACATION DAY	HAPPY THANKSGIVING	THANKSGIVING RECESS	
27	28	29	30		
Fish Nuggets, Oven Fries, Kernal Corn, Fruit	Sweet & Sour Popcorn Chicken, Vegetable Fried Rice, Fruit	Hot Dog w/Bun Baked Beans Crinkle Fries Black Bean Salad	Mozzarella Twist Marinara Sauce, Broccoli Dippers, Fruit	Menus are Subject to Change *Items Produced in a nut-free facility	East Haddam is an Equal Opportunity Provider www.easthaddamschools.org

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at natalie.mather@easthaddamschools.org