

Section #1: Strong Policies and Strong Implementation

- SM1 (FR)**- Assures compliance with USDA nutrition standards for reimbursable school meals.
- SM3 (FR)**- District takes steps to protect the privacy of students who qualify for free or reduced priced meals.
- SM8 (FR)**- Free drinking water is available during meals.
- SM9 (FR)**- Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.
- SM2**- Addresses access to the USDA School Breakfast Program.
- SM4**- Specifies how families are provided information about determining eligibility for free/reduced priced meals
- NS1 (FR)**- Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.
- NS3 (FR)**- Regulates food and beverages sold in a la carte.
- NS4 (FR)**- Regulates food and beverages sold in vending machines.
- NS5 (FR)**- Regulates food and beverages sold in school stores.
- NS6 (FR)**- Addresses fundraising with food to be consumed during the school day.
- NS7**- Exemptions for infrequent school-sponsored fundraisers.
- NS10**- Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.
- NS11**- Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.
- NS13**- Addresses availability of free drinking water throughout the school day.
- PEPA1**- There is a written physical education curriculum for grades K-12
- PEPA2**- The written physical education curriculum for each grade is aligned with national and/or state physical education standards.
- PEPA3**- Physical education promotes a physically active lifestyle.
- PEPA12**- Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.
- WPM7 (FR)**- Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.
- WPM2**- Addresses strategies to support employee wellness.
- WPM6**- Specifies marketing to promote healthy food and beverage choices.
- IEC1 (FR)**- Addresses the establishment of an ongoing district wellness committee.
- IEC3 (FR)**- Identifies the officials responsible for the implementation and compliance of the local wellness policy
- IEC4 (FR)**- Addresses making the wellness policy available to the public.
- IEC5 (FR)**- Addresses the assessment of district implementation of the local wellness policy at least once every three years.
- IEC6 (FR)**- Triennial assessment results will be made available to the public and will include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy
- IEC7 (FR)**- Addresses a plan for updating policy based on results of the triennial assessment.

Local School Wellness Policy Triennial Assessment
Connections Between Policy and Practice 2020-2021

Section #2: Create Implementation Plan (Strong Policy and Limited Implementation)

IEC2 (FR)- Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.

Section #3: Update Policies (Weak Policy and Strong Implementation)

NE6- Nutrition education is integrated into other subjects beyond health education

SM5- Specifies how families are provided information about determining eligibility for free/reduced priced meals

SM6- Specifies strategies to increase participation in school meal programs.

SM7- Addresses the amount of "seat time" students have to eat school meals.

NS2- USDA Smart Snack standards are easily accessed in the policy.

NS8- Addresses foods and beverages containing caffeine at the high school level.

PEPA7- Addresses qualifications for physical education teachers for grades K-12.

PEPA9- Addresses physical education exemption requirements for all students.

PEPA10- Addresses physical education substitution for all students.

PEPA13- Addresses recess for all elementary school students.

PEPA14- Addresses physical activity breaks during school.

WPM1- Encourages staff to model healthy eating and physical activity behaviors

WPM3- Addresses using physical activity as a reward.

WPM4- Addresses physical activity not being used as a punishment.

WPM5- Addresses physical activity not being withheld as a punishment

WPM8- Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).

WPM9- Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).

WPM10- Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers, etc.).

WPM11- Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, on school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, or announcements on the public announcement (PA) system).

WPM12- Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products).

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Section #4: Areas for Growth (Weak Policy and Limited Implementation)

- NE1 (FR)**- Includes goals for nutrition education that are designed to promote student wellness.
- NE2**- Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.
- NE5**- All high school students receive sequential and comprehensive nutrition education.
- NE7**- Links nutrition education with the school food environment.
- NE8**- Nutrition education addresses agriculture and the food system.
- SM10**- Addresses purchasing local foods for the school meals program.
- NS9 (FR)**- Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district
- NS12**- Addresses food not being used as a reward.
- PEPA4**- Addresses time per week of physical education instruction for all students
- PEPA8**- Addresses providing physical education training for physical education teachers.
- PEPA11**- Addresses family and community engagement in physical activity opportunities at all schools
- PEPA15**- Joint or shared-use agreements for physical activity participation at all schools.
- PEPA16**- District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.
- IEC8**- Addresses the establishment of an ongoing school building level wellness committee.